Walk-In Counselling For Youth

Toronto

Skylark-YouthCan Impact Walk-In Clinic 40 Orchard View Blvd., Unit 102 (lower level)

Website: www.skylarkyouth.org

Phone: (416) 395-0660 Eligibility: 13-21 years

Hours: Mon, Thurs 2-6pm; Tues 2-5pm; Wed 4-

7pm; Fri, Sat 10-2pm

YMCA of Greater Toronto, Vanauley St.

7 Vanauley St.

Website: www.ymcagta.org Phone: (416) 603-6366 Eligibility: Youth 16-24 years

Hours: Mon-Fri 9:30-5, call for details

Egale Youth OUTreach

290 Shuter Street, Level 1.

Website: http://egale.ca/outreach/

Phone: (416) 964-7887 Email: outreach@egale.ca

Eligibility: LGBTQ2S youth up to 29 years Hours: Monday - Friday, 2:00-8:00 p.m.

Anishnawbe Health Toronto

179 Gerrard St East Website: www.aht.ca Phone: (416) 920-2605

Eligibility: Aboriginal ancestry

Languages: English, some Aboriginal languages

Stella's Place

18 Camden St., Toronto, ON Website: www.stellasplace.ca Phone: (416) 461-2345 Eligibility: ages 16-29

Hours: Tuesdays and Thursdays 3-5pm

What's Up Walk In, Toronto

Website: www.whatsupwalkin.ca

Note: the last appointment is taken an hour

before closing time

YouthLink

747 Warden Avenue, Scarborough, ON

Phone: (416) 967-1773

Eligibility: Youth 12-21 years

Hours: Mon 10-6pm; Tues, Fri 10-2pm, Wed 2-

8pm, Thurs 2-6pm

Skylark

65 Wellesley Street East, Unit 500

Phone: (416) 395-0660

Eligibility: Children and youth ages 0-24 and

their families

Hours: Mon, Thurs 2-6pm; Tues 10-2pm; Wed

12-8pm; Fri 9-2pm

Yorktown Family Services

2010 Eglinton Ave. West, Suite 300

Phone: (416) 394-2424

Eligibility: Children, youth and families in

Toronto up to age 18.

Hours: Mon, Thurs 130-6pm; Tues, Fri 930-

230pm, Wed 2-8pm

Griffin Centre Mental Health Services

1126 Finch Avenue West, Unit 16

Phone: (416) 222-4380

Eligibility: LGBTTGNCQ counselling in the GTA for youth ages 12–18 and their families Hours: Mon, Wed 130-7pm; Tues, Fri 930-2pm,

Thurs 2-7pm

Etobicoke Children's Centre

2267 Islington Ave Phone: (416) 240-1111

Eligibility: up to the age of 18 years

Hours: Mon, Fri 10-2pm; Tues 10-3pm; Wed 12-

8pm; Thurs 2-6pm

East Metro Youth Services

200 Markham Road, Suite 200, Scarborough, ON

Phone: (416) 438-3697

Eligibility: Children & youth (0-29 years) and

their families

Hours: Mon, Wed, Thurs 2-8pm; Tues, Fri 10-

5pm, Saturday 10-2pm

The list of resources provided here are for information purposes only and do not constitute an endorsement by CAMH or guarantee any particular outcome or result.

Peel Region

Family Services of Peel

151 City Centre Drive, Suite 501, Mississauga ON

Phone: (905) 453-5775

Website: http://fspeel.org/?page_id=265 Hours: Wednesdays (noon-8:00 p.m.) and Saturdays (9:00 a.m.-noon) except on holiday

weekends.

Eligibility: Anyone living or working in the

Region of Peel

Catholic Family Services

Location A: 60 West Drive, Unit 201 Brampton, ON Phone: (905) 450-1608

Location B: 10 Kingsbridge Garden Circle, Unit 400 Mississauga, ON Phone: (905) 897-1644 Central intake phone: (905) 450-1608 ext. 112 Website: www.cfspd.com/counselling.html

Eligibility: All ages

Notes: Multiple languages, child minding available Hours: Location A: Thursdays, 12:30–7:00 p.m.,

Location B: Tuesdays, 12:30-7:30 p.m.

Tangerine Walk-In, Peel Region

Website: www.tangerinewalkin.com

Phone: (905) 795-3530

Note: last walk in starts at 6pm

Associated Youth Services of Peel

160 Traders Blvd East, Suite 100

Mississauga, ON

Eligibility: ages 12-17

Hours: Tuesdays, 9:00 a.m.-8:00 p.m.

Peel Children's Centre

85A Aventura Court, Mississauga, ON

Eligibility: ages 12-17

Hours: Wednesdays, 9:00 a.m.-8:00 p.m. Note: offers services in English and French

Rapport Youth and Family Services

71 West Drive, Unit 37, Brampton, ON

Eligibility: ages 12-20

Hours: Thursdays, 9:00 a.m.-8:00 p.m.